

**ECFA COUNSELING CENTERS**  
**CLIENT APPLICATION**

This form must be completed by each client 14 years and older.  
If the client is younger than 14, the parent or guardian should complete.

Date: \_\_\_\_\_

Client Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_  
(circle one)

Address: \_\_\_\_\_  
street city state zip

Home Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ e-mail: \_\_\_\_\_

Racial/Cultural/Ethnic Background: \_\_\_\_\_

Others involved in counseling with you:

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship: \_\_\_\_\_

Others immediate family members NOT involved in counseling with you:

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Relationship: \_\_\_\_\_

Marital Status:

Single \_\_\_\_\_ Married \_\_\_\_\_ Co-habiting \_\_\_\_\_ Separated \_\_\_\_\_ Widowed \_\_\_\_\_  
Date Date Date Date Date

Previous marriage/divorce dates: \_\_\_\_\_

Emergency Contact Information:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Specify any other CURRENT mental health treatment (e.g. psychiatrist, substance abuse):

Name and location of this professional: \_\_\_\_\_

Specify any prescribed medications and the purpose: \_\_\_\_\_

Name and location of physician prescribing medications: \_\_\_\_\_

Specify date range and purpose for previous counseling: \_\_\_\_\_

Name and location of previous counselor: \_\_\_\_\_

Specify any medical conditions we should be aware of: \_\_\_\_\_

Name and location of physician treating condition(s): \_\_\_\_\_

Client Name \_\_\_\_\_ Date \_\_\_\_\_

Filled out by (if other than client) \_\_\_\_\_

**CHECK ANY OF THE FOLLOWING THAT APPLY TO YOU AT PRESENT**

- |   |   |
|---|---|
| <input type="checkbox"/> Always tired                 | <input type="checkbox"/> unable to experience peace or forgiveness  |
| <input type="checkbox"/> poor appetite                | <input type="checkbox"/> unresolved grief                           |
| <input type="checkbox"/> trouble sleeping             | <input type="checkbox"/> confused about personal religious practice |
| <input type="checkbox"/> loss of weight               | <input type="checkbox"/> crying spells                              |
| <input type="checkbox"/> weight gain                  | <input type="checkbox"/> unable to have fun                         |
| <input type="checkbox"/> lack of energy               | <input type="checkbox"/> feeling easily hurt                        |
| <input type="checkbox"/> fast heartbeat               | <input type="checkbox"/> lacking in confidence                      |
| <input type="checkbox"/> frequent sweating            | <input type="checkbox"/> feeling grouchy                            |
| <input type="checkbox"/> dizziness                    | <input type="checkbox"/> depressed                                  |
| <input type="checkbox"/> shaky hands                  | <input type="checkbox"/> feeling lonely                             |
| <input type="checkbox"/> stomach trouble              | <input type="checkbox"/> not enjoying things                        |
| <input type="checkbox"/> feeling tense                | <input type="checkbox"/> feeling inferior                           |
| <input type="checkbox"/> cold feet and hands          | <input type="checkbox"/> no one understands me                      |
| <input type="checkbox"/> diarrhea                     | <input type="checkbox"/> worried about health                       |
| <input type="checkbox"/> constipation                 | <input type="checkbox"/> can't concentrate                          |
| <input type="checkbox"/> muscles twitching or jumping | <input type="checkbox"/> can't "get going"                          |
| <input type="checkbox"/> nausea or vomiting           | <input type="checkbox"/> feeling angry                              |
| <input type="checkbox"/> headaches                    | <input type="checkbox"/> don't like being alone                     |
| <input type="checkbox"/> fainting spells              | <input type="checkbox"/> always worried                             |
| <input type="checkbox"/> poor physical health         | <input type="checkbox"/> nightmares                                 |
| <input type="checkbox"/> full of energy               | <input type="checkbox"/> feeling panicky                            |
| <input type="checkbox"/> financial problems           | <input type="checkbox"/> can't make decisions                       |
| <input type="checkbox"/> marital problems             | <input type="checkbox"/> can't make friends                         |
| <input type="checkbox"/> difficulties at work         | <input type="checkbox"/> unable to relax                            |
| <input type="checkbox"/> excessive drinking           | <input type="checkbox"/> feeling fearful                            |
| <input type="checkbox"/> can't hold a job             | <input type="checkbox"/> abuse by others                            |
| <input type="checkbox"/> excessive use of medication  | <input type="checkbox"/> overly sensitive                           |
| <input type="checkbox"/> excessive use of drugs       | <input type="checkbox"/> anxious inside                             |
| <input type="checkbox"/> problems with children       | <input type="checkbox"/> sexual problems                            |
| <input type="checkbox"/> problems with parents        | <input type="checkbox"/> easily excited                             |
| <input type="checkbox"/> fighting & quarreling        | <input type="checkbox"/> quick tempered                             |
| <input type="checkbox"/> can't handle money           | <input type="checkbox"/> impatient with people                      |
| <input type="checkbox"/> overly ambitious             | <input type="checkbox"/> easily angered                             |
| <input type="checkbox"/> difficulties at school       | <input type="checkbox"/> very restless                              |
| <input type="checkbox"/> problems with addictions     | <input type="checkbox"/> feel like hurting someone                  |
| <input type="checkbox"/> loss of meaning of life      | <input type="checkbox"/> feel like smashing things                  |
| <input type="checkbox"/> feelings of guilt            | <input type="checkbox"/> shy with people                            |
| <input type="checkbox"/> unable to pray               |   |